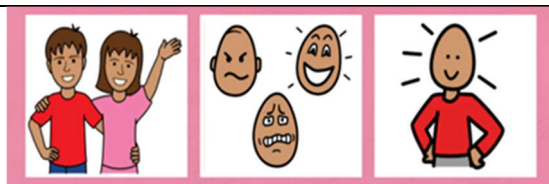


Home Learning – Website Ideas

Subject: **PSED**

Completed by: Charlotte Barlow & Jacki Gregson



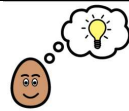
Top Website Links

Link	Brief Description
www.Twinkl.co.uk	Wide selection of PSED resources to help understand emotions, relationships etc for all ages and abilities.
http://www.ichild.co.uk/tags/browse/76/Personal-Social-Emotional-Development	Ichild PSED looks at a wide selection of ideas and activities for children including posters on washing hands, hygiene and sharing.
https://www.goodplayguide.com/play-ideas/by-skill-developed/personal-social-emotional-development/	A selection of games and activities to help parents and children understand themselves and others.
https://www.kiddiematters.com/100-social-skills-activities-preschoolers/	100+ social skills (aimed at pre-schoolers but appropriate for many of our children)
https://pathways.org/topics-of-development/social-emotional/	A website all about how to help your child with social-emotional basics, looks at skills learnt as babies but offers practical ideas which our parents could use with their child.

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Suggested Activities

Twinkl-**Emotions and feelings PowerPoint**. Helping children to recognise different feelings and emotions and what these look like facially (EYFS/Pre Formal)

Feelings and emotions PowerPoint for more able children looking at different feelings and emotions and thinking about what makes us feel like this and why. (Semi-formal)



Twinkl: **Good friend discussion and sorting activity**. What makes a good friend? Looking at kind and unkind actions, cut and stick on to correct page.

T-T-4334-Good-Friend-Discussion-and-Sorting-Cards_ver_5



Friendly

Unfriendly



Goal setting around the home. Decide what your child can do to help around the home/follow house rules. Make a poster and set a target each day/week. Maybe include a small treat or incentive.



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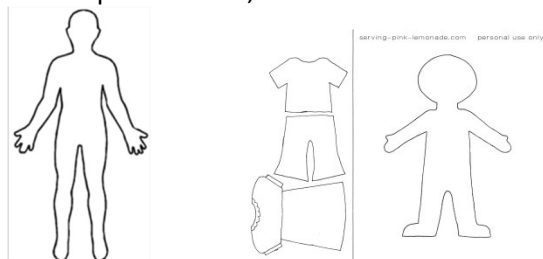
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Life size me: Ask the child to lay down on a large sheet of paper, wallpaper or lining paper is ideal and cheap.)

Draw an outline around the child.

Let the child draw and colour in all their features i.e. Eyes, Nose, Mouth, Finger nails, Toes, Hair etc. With older children you could ask them to add more features i.e the heart, lungs, brain and other body parts. This can then open up a discussion about the human body, and how it works.

On a separate sheet, let the child draw clothes for different parts of the body.



How to Play the Do 3 Things Listening Game

Tell your child 3 things to do. For example: *Let's play a game called Do 3 Things. I'm going to tell you three things to do. Then, you are going to do them. Ready? One. Touch your nose. Two. Pick up two crayons. Three. Jump up and down. Ready, set, go!*

The idea is to encourage your child to do something you want them to do e.g. tidying up but in a fun way; it also works well if you need to occupy them whilst waiting for something/standing in a queue. This is also a good way of helping your child remember simple instructions.

Montage of Faces – Emotions

Need: magazines and construction paper.

The child/ren decide if they want the people montage to be happy, sad, funny, or scary faces etc or a mixture. After deciding what kind of faces they want the children then look through the magazines and cut out the pictures they find. Cut the faces so that uninteresting areas around the faces are taken away. Next discuss the faces and what emotion they are showing before pasting on to the appropriate sheet.